

Panther Valley Boys Basketball

2022-2023 DISTRICT XI AAA QUARTERFINALIST
2021-2022 DISTRICT XI AAA QUARTERFINALIST
2020-2021 DISTRICT XI DISTRICT XI AAA QUARTERFINALIST
2019-2020 DISTRICT XI AAA CHAMPIONS
2018-2019 DISTRICT XI AAA QUARTERFINALIST
2017-2018 DIVISION III CHAMPIONS
2017-2018 DISTRICT XI AA RUNNER UP
2011-2012 DISTRICT XI AA QUARTERFINALIST
2009-2010 DISTRICT XI AAA QUARTERFINALIST
2008-2009 DISTRICT XI AAA QUARTERFINALIST

Panther Pride 2023-2024

*"It is amazing what we can accomplish when no one cares
who gets the credit."*

Student Athlete Guidelines

All student athletes involved in the Panther Valley Boys Basketball Program are required to adhere to certain standards. The basis for these standards revolves around priorities, respect, and discipline. Student athletes must be willing to sacrifice in order to succeed in the classroom first and basketball second. All participants are expected to respect their teammates, coaches, and most of all themselves. They must have the discipline to maintain a high level of achievement in the classroom, while working to improve as a basketball player. Only certain individuals are willing to practice this respect and discipline. In order to have the best possible experience all student athletes must be willing to commit fully to their academics and athletics (in that order!). **It is important to remember that participating in the Panther Valley Boys Basketball Program is a privilege and not a right.** All members of the Panther Valley Boys Basketball Program are expected to adhere to these guidelines. If any student athlete chooses to ignore these guidelines, they are choosing to accept the consequences that are laid out in the following pages.

Offseason

"Basketball teams are made from November to March; basketball players are made from March to November."

All members of the coaching staff encourage student athletes to participate in any off-season activity which they desire. Most of the off-season work we do as a team will not interfere with other sports or activities. With that being said, it is important for each player to hone his skills during the off-season, especially over the summer. In order to improve as a player, athletes need to make every possible effort to attend off-season workouts, lifting sessions, and summer league games.

Team Selection

1. Team selection will be held during the first official week of practice each November. 2023-2024 Season tryouts will be Friday November 17th and Saturday November 18th).
2. Any male in the Panther Valley School District is invited to try out for the boys' basketball team.
3. The coaching staff will evaluate all players. At the end of the tryouts we will decide if and where you fit into the basketball program.
4. Each boy will be evaluated on numerous factors including dedication and work ethic, and not solely on athletic ability and basketball skills.
5. The coaching staff will do it's best to place each student athlete in the best position for the individual, team, and program. This sometimes requires an athlete to play a level above his grade (example: 8th grader playing freshman).
6. It should be noted that **being selected for a team does not guarantee playing time** for each student athlete. This is determined by each coach based on numerous factors and will often vary throughout a season.

Practice

"The will to win is nothing without the will to practice to win."

During practice sessions, each individual must be focused on learning and improving their game. In order to limit distractions and provide more focused environment, all practices will be closed. This applies to all levels from junior high (7-8 grades) to varsity. If a parent or guardian is picking up a player from practice, they may not wait in the practice area.

1. The practice schedule will be available to all boys' basketball candidates at the preseason team meeting the day before tryouts. This schedule will include all practices for the entire season. It is then up to each student athlete to play their schedule accordingly around practice.
2. Members of the Panther Valley Boys Basketball Program will attend all scheduled practices, unless their coach gives them an excused absence prior to the practice.
3. All athletes must be on the basketball court at the scheduled time for practice (not in the locker room, bathroom, etc.).
4. Bring practice jersey every day.
5. After two consecutive missed practices due to illness, a player is required to obtain a note from the doctor or school nurse.
6. Film sessions and lifting sessions are considered part of practice.
7. Examples of **unexcused missed practice**:
 - a) **Work**- if you work, then you must schedule work around practice. We cannot schedule practice around each individuals' personal schedule. Therefore, each member of the team must schedule around practice.
 - b) **Injury**- you must attend all practices and be mentally involved, unless you are rehabbing an injury.
 - c) **Unexcused school absence**.
 - d) **Detention, suspension, or expulsion from school**.

- e) Oversleeping
- f) Vacation- *Thanksgiving Break and Winter Break are the two most vital practice periods we have to improve our team. We have a scrimmage over thanksgiving break and a games over winter break. We need this time of practice to prepare and improve.*
- g) No Transportation (it is the players responsibility to get to practice)

Games

1. All student athletes are required to wear a polo or shirt and tie, khaki pants to all games (home and away). If this poses a problem for any individual, please see a coach privately and arrangements will be made.
2. Profanity is prohibited at all times.
3. Managers and team members are responsible for loading water bottles and video equipment on the bus for any away games.
4. Varsity players will sit together during the jayvee game. Varsity players may report to the locker room up to midway through the third quarter of the junior varsity game.
5. All junior varsity players will sit behind the bench together during the varsity game.
6. Conduct
Note to all student athletes: You are not only representing yourself but also your school and community when you are part of the Panther Valley Basketball Program. Any behavior that results in embarrassing yourself, a teammate, coach, your family, or the community will not be tolerated.
7. It is imperative that all team members encourage each other to perform to the best of their abilities. We fully expect a vocal, supportive atmosphere on the court, bench, and in the locker room.
8. When a substitution is made, players will run off the court, communicating their assignments to the incoming player.
9. All players will run off the court during time outs or the end of a quarter.

Uniforms

1. Student athletes are responsible for the care of their uniform. This includes each set of shorts and shirts, sneakers, and warm ups.
2. Each team member is required to turn in all equipment at assigned times following the season. Failure to do so will result in billing from the school district. This will prevent student athletes from participating in other sports or activities until financial obligations are met.
3. All team members will look the same for competition. This includes the style of socks. No headbands or types of jewelry are permitted (this includes necklaces, bracelets, etc).

Academics

1. All members of the Panther Valley Boys Basketball Program are responsible for maintaining a high record of achievement in the classroom.
2. Athletes will be required to submit an academic report to the coaching staff on a regular basis.

3. If a student athlete is declared academically ineligible, he will serve the school mandated suspension. He is then permitted to work his way back onto the team.
4. A second academic suspension may result in removal from the program.
5. All team members must bring something school related to work on during team study halls.

Illegal Substances

1. The use of alcohol, tobacco, or drugs is strictly prohibited. Any incidents involving illegal substances will be reported to school administration and, if necessary, the proper authorities.
2. Any suspected illegal activity will result in an immediate conference with parents or guardians and school district personnel.

Social Media

1. All boys basketball players are expected to use social media responsibly. Student athletes will be held accountable for any activity that does not reflect an upstanding representation of the Panther Valley Boys Basketball Program.
2. Any changes to schedule will be posted to Twitter @PVBoysHoops.

Parental Expectations

1. The coaching staff will be available by appointment to discuss any player's academic or social growth.
2. Coaches will not discuss decisions, strategies, or playing time. We have an open door policy with all players at all levels of our program. As a staff, we will always provide an open line of communicate with our student athletes. **Coaches will address any of these concerns with players individually.**
3. The coaching staff will not be available to speak with parents before or after games.
4. Parents are expected to adhere to the closed practice guidelines. This is a liability issue and also a distraction to the productivity of practice and/or workouts.

Consequences of Infractions

First- extra conditioning, drills, or study hall time, loss of playing time, possible suspension from game(s)

Second- suspension from game(s) based on coach's discretion

Third- removal from team

****It is important to note that in the event of a serious infraction the coaching staff and administration reserve the right to immediately move to player suspension or removal based on the severity of the incident.**

Coach's Note

Participation in the Panther Valley Boys Basketball Program is a privilege, not a right. In order to establish a successful, respectable program, we must demand the very best out of each individual. This includes coaches and players at all levels. The commitment required to carry out this plan is a large one. By accepting the responsibilities set forth, each student athlete is committing to the Panther Valley Boys Basketball Program.

I have read all preceding guidelines of the Panther Valley Boys Basketball Program. By signing below, I agree to all standards set forth on the preceding pages and am choosing to accept the responsibility that comes with being a member of the Panther Valley Boys Basketball Program.

Student-Athlete Signature_____

Parent or Guardian Signature_____

******STUDENT ATHLETES MUST RETURN LAST PAGE TO THEIR COACH***